Standing Orders

Tylenol:
NHS 2 tabs (1000mgs) q4hrs prn pain/temp with parental/guardian permission
NMS 1-2 tabs (325-1000 mgs) q4hrs prn pain/temp with parental/guardian permission
Cole/Vinal- 1/2-2 tab (160 mgs-650 mgs) q6hrs pain/temp according to weight with parental/guardian permission

Advil:
Grades 7-12
   Advil 1-2 tabs (200-400 mgs) q4hrs prn pain/temp with parental/guardian permission
Grades K-6
   Advil 1-2 tab (200-400 mgs) q4hrs prn pain/temp according to weight with parental/guardian permission.
   Chewable or liquid as per dose chart.

Inhalers:
Grades 7-12
   Students may carry inhaler with:
   1. Doctor’s order parental/guardian permission.
   2. Inhalers must have prescription label on inhaler.
   3. Nurse is only responsible for known inhaler use.
Grades K-6
   1. Inhaler kept in nurse’s office.
   2. May carry inhaler with written permission from parent, doctor’s order and after student-nurse demonstration of technique has been completed.

Epi-Pen:
1. Doctor’s Order
2. Written parental/guardian permission
4. Staff Education and Training.

Lactaid:
May be carried and administered by student as directed by physician.
1. Written doctor’s order.
2. Written parent/guardian permission.

Students with Cystic Fibrosis:
Students may carry their enzymes for self-administration before snacks and lunch:
1. The Nurse and parent/guardian will develop an IHP.
2. Written Doctor’s order.
3. Written parent/guardian permission.

Benadryl:
1. To be given according to wt./age in case of reaction.
2. Doctor’s order.
3. Written parent/guardian permission.

Over the counter medications: see Student Health Assessment Form

Donna Zambuto MD 9/15/2020
INFEKTIOUS DISEASE PROTOCOL

Infectious diseases that can be spread from one individual to another are called contagious communicable diseases. Donna Zambuto M.D. has advised the school department of the following guidelines regarding students and their attendance at school.

The school physician states that the following diseases require 24 hours of antibiotic therapy before returning to school.

- Conjunctivitis
- Strep Throat
- Scarlet Fever
- Impetigo

Mononucleosis requires no exclusion from school as long as the student is feeling well. Student needs note from M.D. for return to physical education class and/or sports.

When a student with Shingles (Zoster) will need to stay home until the rash is crusted over and dry or can be completely covered while in school.

Infectious diarrheal diseases require treatment and the student to be symptom free before returning to school.

Students with lice (pediculosis) may return to school 24 hours after treatment. The student must be examined by the school nurse before returning to school.

A student should be afebrile for 24 hours before returning to school with the following diseases:

- Hand, Foot and Mouth Syndrome (Coxsackie virus)
- Fifth Disease (Erythematous Infectiosum)

A student with Scabies must wait 24 hours after appropriate treatment to return to school.

Chicken Pox- A physician's note is needed to return to school.

Over the counter medication may be administered when a student has ringworm. Student may return to school 24 hours after treatment has begun.

MRSA- Antitibiotic treatment (Bactrim) for 24hrs. before returning to school, lesions should be covered.

For all other communicable diseases refer to the Massachusetts Department of Public Health Comprehensive School Health Manual and/or consult with the school physician and private physician when indicated.

Students who have had a fever may not return to school until 24hrs. without the use of antipyretics (i.e Tylenol).

Donna Zambuto M.D. Date 9/16/2020
Students presenting to the Nurses office with symptoms from exertional physical activity including physical education class and/or recess:

- minor injuries - follow standard nursing assessment and triage

- major injuries and/or complaints of other symptoms, a full set of vital signs should be obtained including:
  - Blood pressure
  - Respiratory rate
  - Pulse
  - Temperature

For any significantly abnormal vital signs activate EMS and contact parent/guardian.

Date 4/15/2020

[Signature]