

NMS BEFORE & AFTER SCHOOL ACTIVITIES WINTER 2023

Activities begin the Week of January 17th

FULL YEAR ACTIVITIES

The fee to join all full-year activities (at this time) is \$60. Scholarships are available.

Jazz Band

This group is open to all band instruments as well as piano, bass, guitar, and drum set. We will learn various forms of jazz styles including rock, funk, swing and latin. Previous lesson experience is preferred for guitar, bass, piano and drum set. **Max 20 students**

Advisor: Mrs. Running

When & Where: Wednesdays from 6:30-7:15 am in the Band Room

Math Team

This year our Math Team will be meeting in person again! However, the competitions may still be virtual. This will be a fun and exciting year for our Math Team. We will be participating in the MathCounts competitions. NMS has competed in the regional competition every year, and in the past three(3) years have moved onto the state competition. We will also participate in Math Olympiads, which has five (5) competitions from November to March. Please join and be a part of the new and exciting world of Norwell Middle School's Cool Math Team!

Advisors: Mrs. Ryan & Mr. Wolbach

When & Where: Wednesdays from 2-2:45 pm in Room 238

Art Club

Are you looking to spend a little extra time in the art studio each week to work on your own art or get some direction and inspiration from Mrs. Finn? Maybe you would also like to help in preparing for school-wide art exhibits like the Art Show. If being creative in a kind, accepting space filled with music and happy vibes every week sounds like a dream to you, then sign up for ART CLUB. **NOW OPEN TO ALL STUDENTS Max 24 students**

Advisor: Mrs. Finn

When & Where: Wednesdays from 2-2:45 pm in the Art Room

Strategic Games Galore: Escape rooms, "Minute to Win it" and more

YOUR MISSION: "Beat the Clock"! Bring your teamwork, cooperation, communication and logic skills to "beat the clock" with a variety of fun-filled games and seasonal challenges! Bring your flexible thinking, patience and positive attitude to work together as you share the joy of building your strategic and critical thinking. **Max 12 students**

Advisor: Mrs. Ferris

When & Where: Thursdays from 2-2:45 pm in Room 102

SIX-WEEK SESSION ACTIVITIES

The fee to join all six-week activities is \$40. Scholarships are available.

TUESDAYS: 1/16, 1/23, 1/30, 2/6, 2/13, 2/27

L.I.F.T.E.D

Need a LIFT? We all do! This program promotes mindful practices that lead to improvements in managing one's goals, fostering a strong sense of self, managing time and developing healthy stress management skills. Each week, students will engage in new activities that focus on intrapersonal wellness helping them to become "L.I.F.T.E.D". At the end of the session, students will come away with a self-care and wellness "toolbox" which will continue to empower them to Live, Inspire, Focus, Thrive, and Discover.

Max. 10 students

Advisor: Mrs. Ferris

When & Where: Tuesdays from 2-2:45 pm in Room 102

Technology Club

This club is geared toward students who are interested in getting started with computer programming and robotics. Looking forward to seeing you there!

Max. 12 students

Advisor: Mrs. Marani

When & Where: Tuesdays from 2-2:45 pm in Room 149

Powerlifting Tuesdays

Open to everyone and capped by skill and mindset to succeed. We will do the deadlift and accessories. You will surprise yourself with what you can do. ellen.murray@norwellschools.org

Filled

Open to everyone and capped by skill and mindset to succeed. We will do the deadlift and accessories. You will surprise yourself with what you can do. Please feel free to email me with any questions.

Max. 6 students

Advisor: Mrs. Murray

When & Where: Tuesdays from 2-2:45 pm in the Weight Room

Advanced Dungeons and Dragons

This is a continuation of the session we did last year and this fall and thus is only open to players who participated in those sessions. We will explore the caves right outside of town with hopes of freeing an imprisoned hero. What will come of it? Only open to members from the Fall 2023 session

Filled

This is a continuation of the session we did last year and this fall and thus is only open to players who participated in those sessions. We will explore the caves right outside of town with hopes of freeing an imprisoned hero. What will come of it? Only open to members from the Fall 2023 session

Max. 16 students

Advisor: Mr. Fraser

When & Where: Tuesdays from 2-2:45 pm in Room 208

Kickball club

Join Mr. T for a fun afternoon of kickball. We will play outdoors when nice....and indoors if the weather is bad.

Max. 25 students

Advisor: Mr. Trenger

When & Where: Tuesdays from 2-2:45 pm in the Gym

Dungeons and Dragons

Max. 12 students

Advisor: Mr. Asnes

When & Where: Tuesdays from 2-2:45 pm in Room 225

Filled

WEDNESDAYS: 1/17, 1/24, 1/31, 2/7, 2/14, 2/28

Risk

Open to everyone. Join Mr. Fraser and others from NMS in the classic game of world domination. We will play in teams that will be set by Mr. F. No experience required.

Max. 20 students

Advisor: Mr. Fraser

When & Where: Wednesdays from 2-2:45 pm in Room 208

TableTop RPG Club

Dungeons and Dragons along with other TTRPGs

Max. 12 students

Advisor: Mr. Asnes

When & Where: Wednesdays from 2-2:45 pm in Room 225

THURSDAYS: 1/18, 1/25, 2/1, 2/8, 2/15, 2/29

AMDM (Mornings)

This is open to students
of the Mad Mage Camp

Max. 13 students

Advisor: Mr. Fraser

When & Where: Thursday mornings from 6:30-7:15 am in Room 208



I D&D with Mr. Fraser in the past. This is a continuation of the Dungeon
war

Cornhole

Challenge your friends or Mr. T to a game of Cornhole. Come learn to toss a flat bag and have some fun.

Max. 25 students

Advisor: Mr. Trenger

When & Where: Thursdays from 2-2:45 pm in The Gym

AMDM 2 (Mornings)

Morning Dungeons

Max. 10 students

Advisor: Mr. Asnes

When & Where: Thurs. mornings from 6:30-7:15 am in Room 225



1r A

Mini-Painting "D and D"

Many role playing games use your own monster (D and I) painting minis

Max. 10 students

Advisor: Mrrs. Running

When & Where: Thursdays from 2-2:45 pm in Room 153



hance their game playing experience. In this session you will get
and a basic paint kit with brush to get started in the world of

FRIDAYS: 1/19, 1/26, 2/2, 2/9, 2/16, 3/1

There Might Be Giants: An AMDM Production

Open to D&D players who can live
epic adventure. This is a game
from destroying the world. \
secrets. Mr. Locke's players h
and sign up before all the sp
Are you in?

Max. 12 students

Advisor: Mr. Fraser

When & Where: Friday Mornings from 6:30-7:15 am in Room 208



likelihood their characters will not. Don't miss the chance to join an
who are ready to face the ultimate challenge of stopping giants
sterious lands, fight dangerous enemies, and uncover ancient
club, since their group was disbanded. The rest of you, hurry up
is is a once-in-a-lifetime opportunity to be part of a thrilling story.

SERVICE, LEADERSHIP, and ACADEMIC GROUPS

There is no fee to join these groups.

These Groups run all year. Students are welcome to drop in as they can or attend on a regular weekly basis.

Registration is not necessary for these groups, but you should connect with the advisor.

Community Service Club

Want to make new friends and work cooperatively to make our town community a better place? Come join our community service group. We love new ideas about how to make our community a happy place. Stop in and participate when you have a free Wednesday or become an active member. We look forward to your involvement.

Advisors: Mrs. Borchert & Mrs. Whitt

When & Where: Wednesdays from 2-2:45 pm in the FaCS Room

Homework Help

Join Mrs. Franzosa after school for homework help. This is a great opportunity to spend some quiet time completing your homework and receiving some guidance and support as needed. This is a drop in club, available for all grades.

Advisors: Mrs. Franzosa

When & Where: Tuesdays, Wednesday, Thursdays from 2-2:45 pm in the Community Room

NMS Student Government

Students are elected by their peers to represent them in the NMS Student Government. Once elected, the group determines the course of action they will take for the upcoming school year. They will help with organizing school events as well as recommending changes to the school community.

Advisor: Mrs. Siffard & Mrs. Zych

When & Where: Thursdays from 2-2:45 pm Location TBD

Organizational Support

Organization takes work! Some students need help figuring out how to organize while others have an established system but need the structure of a time and place to organize their things independently. This club will help students organize their papers into folders and/or binders and organize digital files on their iPads. Students will also work on creating individualized homework or study checklists. **Mrs. Johnston is also flexible to meet with students in flex time or other times by appointment**

Advisor: Mrs. Johnston

When & Where: Thursdays from 2-2:45 pm in Room 202

Best Buddies

During our meetings students will have the opportunity to interact and socialize while participating in a variety of activities including arts & crafts, Zumba, yoga, watching movies, and more. Even more important, of course, is what our students will be able to learn from one another during our Best Buddies meetings: social skills, patience, tolerance, perseverance, acceptance empathy, and so much more,

Advisor: Mrs. Tobin, Mr. Doran and Ms. Schad

When & Where: Wednesdays from 2-2:45 pm Room 243

LEAD Club

LEAD is an organization that fosters leadership, confidence and empowerment in middle and high school students and stands for Leadership, Empowerment, Advocacy, Determination. LEAD provides an opportunity for our middle school students to meet with high school teens to develop communication skills, stress management techniques as well as to develop a supportive network. Students will ride the bus from NMS to NHS and can arrange for a ride home or take the late bus home from NHS. If you are interested in joining LEAD, please email Mrs. Dsida at terri.dsida@norwellschools.org

Advisor: Mrs. Dsida

When & Where: NHS 2:45-3:45 Thursdays, every other week.

After School Activities Winter 2023 Registration Form

STUDENT NAME: _____

GRADE: _____ HOMEROOM: _____

Check to Register	Activity	Day & Time	Fee
<input type="checkbox"/>	Math Team	Wednesdays 2:00-2:45 pm	\$60
<input type="checkbox"/>	Jazz Band	Wednesdays 6:30-7:15 am	\$60
<input type="checkbox"/>	Strategic Games	Thursdays 2:00-2:45 pm	\$60
<input type="checkbox"/>	Art Club	Wednesdays 2:00-2:45 pm	\$60
<input type="checkbox"/>	Technology Club	Tuesdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	L. I. F. T. E. D	Tuesdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	Powerlifting Tuesdays	Tuesdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	Advanced D&D (Mr. Fraser)	Tuesdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	Kickball Club	Tuesdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	Dungeons and Dragons (Mr. Asnes)	Tuesdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	Risk	Wednesdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	TableTop RPG Club	Wednesdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	AMDM2 (AM) (Mr. Asnes)	Thursdays 6:30-7:15 am	\$40
<input type="checkbox"/>	AMDM (AM) (Mr. Fraser)	Thursdays 6:30-7:15 am	\$40
<input type="checkbox"/>	Cornhole	Thursdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	Mini-Painting "D and D"	Thursdays 2:00-2:45 pm	\$40
<input type="checkbox"/>	There Might Be Giants (AM)	Fridays 6:30-7:15 am	\$40
TOTAL			\$ _____

☐ Check here to request a scholarship.

All activities will begin on their assigned day the week of January 17, 2024

Registration Form and Payment Due by Friday, January 12, 2024.

Checks should be made payable to Norwell Middle School.

If activities reach capacity, they will be filled on a first-come, first-served basis.

If there are not enough students signed up for an activity, it may not run and refunds will be issued.

