



Norwell Middle School

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NMS Kindness Campaign: Recognizing the importance of being kind and ensuring that our actions demonstrate kindness towards ourselves and others.

April 28, 2023

Dear Students, Parents and Guardians,

Welcome back from April vacation and I hope that everyone enjoyed the week away from school. It's hard to believe that May 1 is next Monday with just over 7 weeks of school left. Summer is around that corner and for many, that is a wonderful thing.

With the end of the school year fast approaching, we wanted to send out a checklist with recommendations to help students and their families have a successful close to the year.

- Take another look at the Handbook Highlights (attached to this email)
- Make an effort to ensure students arrive at school on time & ready to go the next morning.
 - Students should not have more than 3 unexcused tardies term 4
 - Students should not have more than 5 unexcused absences term 4
- Dress for success (See below from the Student Handbook)
 - Clothing must be free of offensive language that might include, but not be limited to, references to drugs, alcohol, tobacco, sexual innuendo, obscenities, stereotypes, or put-downs.
 - All students must be fully clothed at all times during school and school-sponsored events, with all undergarments covered. Clothing will cover the torso, midriff and backside, and have sleeves or straps.
 - No bare feet.
 - Students shall not wear hats or head coverings inside the school building during the regular school day unless previously approved for medical or religious reasons or special school activities as determined by the principal or designee.

Every year, around this time, students begin to talk and think about summer and the next school year. When this happens, we notice that behaviors start to regress a bit due to the looming transition and the fact that students this age struggle to manage the questions, excitement and/or anxiety they have about this.

To better support one another, we are asking students to refer back to the Individual Kindness Action Plans we signed in October and take a moment to reflect on whether our words and actions meet the following criteria:

- Am I supporting another person's needs by doing this?
- Is this helping build a positive learning environment?
- Does this put someone down or lift them up?
- Am I being kind to myself and/or others when I do or say this?

There are some of us that might also benefit from asking ourselves the following question:

- What would my family and/or the main office do if they found out about this?

Thank you for taking the time to read this email. We're looking forward to the weeks ahead and will be sending out more communications regarding events and activities.

As always please reach out with any questions, concerns or supports you might need.

Thank you,

Ellen Murray

Pronouns: She/Her/Hers

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