

2020-21

NORWELL

*Co-Curricular
Guide*

Overview

Co-curricular activities are activities which include interscholastic athletics, clubs and school organizations. The Norwell High School administration encourages pupil participation in a variety of school activities including athletics, and permits membership in any number of clubs, student organizations or teams.

All co-curricular activities are under the supervision of an advisor or coach. In general, club or activity meetings are held during after school hours into the early evening on school days and many meeting will be remote this year.

Occasionally, depending on the nature and objective of the club, a co-curricular activity may require weekend participation or multiple and sequential after school or evening commitments. These parameters are clearly communicated to students prior to them choosing to participate in the activity.

This year due to COVID-19 restrictions some regular clubs may take a year hiatus. Many co-curricular activities will remain for students to choose from this year in addition to athletic co-curricular options.

The Basics

- Students participating in co-curricular activities are required to return a signed release of liability form to the advisor of the activity before participating.
- Fees for designated co-curricular activities are collected by the advisor, or may be paid on-line prior to participation.
- Norwell High School values both academic success and co-curricular involvement. The student must have passed all his/her classes in the term prior to participating in the co-curricular activity, and has no prohibitive disciplinary sanctions in place. Detention time must be served prior to co-curricular participation.
- Students must be in attendance for the school day whether in school or remote in order to participate in that day's co-curricular meeting, practice or rehearsal.
- Participation in co-curricular activities, including athletics, is a privilege. Students, as representatives of Norwell High School, must conform to a high standard of behavior.

ADL Student Leaders

Formally the Diversity Club

The goal of the Anti-Defamation League Club at NHS is to provide students with opportunities to discuss and promote awareness and acceptance of diversity within the school community. The club sponsors school-wide events designed to encourage an atmosphere of respect and tolerance.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings occur approximately two times per month.

Is there a participant fee?

\$20 activity fee is required.

Advisor:

Ms. Meaghan Dempster

Ms. Jennifer Greenberg

Notables

ADL Peer Leadership
Program

ADL Youth Congress

Bio Stem

BioSTEM Club explores topics in science, technology, engineering and mathematics as related to biology such as biotechnology, environmental science, engineering, and health disciplines.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings occur approximately two times per week.

Is there a participant fee?

No fee!

Advisor:

Dr. James Carey

Mr. David Kitchen

Notables

We enjoy exploring science and technology together!

Book Club

Do you like to read? Do you like to talk about books with your friends? NHS Book Club meets once a month, six times during the school year. During the 2020-21 school year, the book club will meet virtually for about an hour after school in the afternoon or evening. Titles to be read will be selected by book club members. Some reading copies will be available through the NHS Library, from OCLN/Norwell Public Library or borrowed digitally.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Once monthly

Is there a participant fee?

\$20 activity fee is required.

Advisor: Mrs. Jennifer Pratt

Notables

See the books we've already read by going to Norwell High School Library Book Club on the NHS website.

The Clip Notes

The Norwell High ClipNotes are a co-ed acappella group. The goals of the group are to work together to learn vocal arrangements, including traditional, holiday, and pop songs, to create a diverse musical repertoire. The group performs at many events both at the school and out in the community, including pop songs at school Coffee Houses, the National Anthem at sporting events, and carols during the holiday season.

Who can join?

Any high school student in good standing may audition.
(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Weekly rehearsals will take place on Wednesday afternoons from 2:45 to 3:30pm

Is there a participant fee?

\$20 activity fee is required.

Advisor: Ms. Caitlin Hannigan

Notables

- Singing the National Anthem at school and community events, including the Celtics.
- Performing for the Norwell Christmas Tree Lighting Ceremony
- Traveling to Tufts University to rehearse with and see a collegiate a cappella group perform
- Performing for elementary and middle school students

Environmental Club

The environmental coalition - a division of the Bio-STEM environmental club - will explore and discuss environmental topics and engage in activities such as recycling programs and community volunteering.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings occur approximately two times per week.

Is there a participant fee?

No fee!

Advisor:

Dr. James Carey

Mr. David Kitchen

Notables

We hope to the recycling effort at NHS and find new ways for NHS to support our planet.

Film Club

This group's primary objective is to bring film lovers together to discuss film, film writing, and the craft of making a movie.

Unchanged from last year's description.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings occur approximately two times per month.

Is there a participant fee?

\$20 activity fee is required.

Advisors: Mr. Craig Belmore Dr. James Carey

Notables

Stanley Kubrick
Martin Scorsese
Alfred Hitchcock
Steven Spielberg

Global Citizenship Program

The Global Citizenship Program (GCP) promotes global competence, a key 21st century skill, in Norwell High School students. Through interdisciplinary academic study and community service, participants increase their global awareness, heighten their appreciation of diversity, and enlarge their capacity to work and contribute in an increasingly interconnected world.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings occur 2-4 times per month.

Is there a participant fee?

No fee

Advisors: Ms. Marianne McElwee

Notables

Started in the 2017-18 school year!

Halyard Literary Magazine

The Halyard is the school's online literary magazine, which proudly displays some of the school's best written and visual art pieces. Every year the club continually updates the website which is shared with the community.

Who can join?

Any high school student may submit written or artistic work for possible inclusion in the magazine.

What is the time commitment?

Meetings are sporadic throughout the year,

Is there a participant fee?

\$20 activity fee is required to be a staff member.

Advisor: TBD

Notables

Numerous First Place awards from the NESPA Publication Awards.

International Club & AFS

The International Club provides exposure to and knowledge about various cultures. It engages students in activities that highlight global awareness and understanding. Since we don't have an AFS student this year, we will continue to focus on global awareness, and exposing students to various cultures around the world. Most of the club members will be going to France in 2021 (COVID permitting!!!) so we will focus on Europe in general and France in particular.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Twice per month when AFS students are attending NHS.

Is there a participant fee?

\$20 activity fee is required.

Advisors: Mrs. Rabia Mifdal

Notables

We've hosted students from many countries including Germany, Poland and numerous South American countries.

Investment Club

The purpose of the Investment Club is to introduce students to stocks, bonds, mutual funds, branding, and various other ways you can invest your money so it is working for you. The students will participate in the nationwide Stock Market Game where they can compete against students all over the country through their investment decisions via the game.

Screen reader support enabled.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

One to two meetings per month.

Is there a participant fee?

No!

Notables

Members spend meetings preparing to play the nationwide Stock Market Game.

Advisor: Mrs. Kylie Calzone

Junior Statesmen of America (JSA)

The mission of the Junior State of America and the Junior Statesmen Foundation is to strengthen American democracy by educating and preparing high school students for lifelong involvement and responsible leadership in a democratic society.

Who can join?

Any high school student in good standing who enjoys politics or a good argument!

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Weekly

Is there a participant fee?

\$50 activity fee is required

Advisor: Mr. Bryan Bechtel

Notables

The Norwell Chapter of JSA has two big field trips a year: Fall State and Winter Congress in Washington DC.

Latin Club

The Latin Club seeks to promote the study of Latin and interest in the Classical World through a variety of events and activities.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings occur approximately two times per month.

Is there a participant fee?

\$20 activity fee is required.

Advisor:
Mr. Jim Whelton

Notables

Saturnalia

Labello

Latin Fest



LEAD!

LEAD! Once monthly meetings. LEAD! Is a student run leadership club which is a local branch of Girl Talk Inc. The club is open to all! We pair high school students with middle school students and run large and small group conversations about leadership topics. The goal of the club is to enhance leadership and connection for all.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings occur weekly.

Is there a participant fee?

\$20 activity fee is required.

Advisor: Ms. Rebecca Prescott

Notables

We had an amazing first year last year!

Math Team

The “Infinitely Radical” Norwell Math Team is a member of the Southeastern Massachusetts Mathematics League. We compete in a four-meet regular season with other schools in our division, and top teams advance to regionals and states. Students meet for weekly practices to go over challenging problems and prepare for the next meet, while meets themselves involve math problems, pizza, and camaraderie. We are always welcoming new members!

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Weekly practices.

Is there a participant fee?

\$20 activity fee is required

Notables

We look forward to finding creative ways to continue competition season!

Advisor: Mrs. Amy Cortright

Medical Careers Club

The Medical Careers Club gives students the opportunity to learn about many different careers related to the medical field.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings occur approximately 2x a month.

Is there a participant fee?

No fee!

Advisor:
Mr. David Kitchen

Notables

Guest Speakers

Discussions about colleges

Volunteer Opportunities

Mock Trial Team

The Mock Trial Team usually participates in the statewide Massachusetts Bar Association mock trial tournament, which is held in courtrooms across the state. This year the competition will be held virtually, and the team will still get to compete against other high schools. Students are given a fictional case, with witness affidavits, case law, and fact patterns that they have to use to prepare their questions and legal strategy. Students play the roles of lawyers and witnesses. The goal of the program is to teach students about courtroom procedures and what is involved in criminal and civil legal cases.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

The team meets will meet 1-2 times per week.

Is there a participant fee?

\$50 activity fee is required

Notables

Case material is provided by the MBA.

At least three competitive mock trials are conducted against other schools.

Advisor: Mr. John Goniatis

National Honor Society

The National Honor Society (NHS) is the nation's premier organization established to recognize outstanding high school students. More than just an honor roll, NHS serves to honor those students who have demonstrated excellence in the areas of Scholarship, Leadership, Service, and Character. These characteristics have been associated with membership in the organization since its inception in 1921.

Who can join?

Any junior with at least a 3.5 GPA after first semester is eligible to partake in the candidate review process.

What is the time commitment?

One meeting every month plus service related hours.

Is there a participant fee?

No!

Notables

Advisor: Mrs. Melinda Lane Ms. Ashley Critchley

GPA eligible students complete a Candidate Form, then a Faculty Review Council determines, based on Character, Leadership and Service, whether the candidate is invited for induction.

Norwell Navigator Newspaper

The role of the NHS Navigator is the online school newspaper. Navigator staff and any student write articles that keep students and the community informed about a wide array of topics including student life, sports, and news. Students engage in a variety of tasks involving the production of online media.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings weekly.

Is there a participant fee?

\$20 activity fee is required

Notables

Advisors:
Mrs. Judy Browne

Students from all grades with writing, layout, tech, or photography skills are encouraged to join. There is something for everyone in the Navigator!

Norwell Volunteer Corps

The NVC goal is to educate, inspire and create access to community service initiatives so students may develop college, career and leadership skills, and foster a lifelong passion for community service.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Two meetings per month; officers may meet more often.

Is there a participant fee?

No!

Notables

Advisor:
Ms. Ashley
Blumberg

Food Pantry
YMCA projects
Road races
Council on Aging
– technology seminars

Peer Education

The Advisory Program is a unique program that brings upperclassmen mentors together with underclassmen. The goal of the program is to create an open learning environment where ultimately all students feel comfortable and supported.

Peer educators are students who present lessons in Social Health Education to 4th & 5th graders and serve as advisory leaders in 9th and 10th grade advisories. They answer questions about growing up, peer pressure, academic stressors and life in general as a high school student.

Who can join?

Any junior or senior in good standing may apply.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Meetings and trainings are held after school, during school, and one evening per year.

Is there a participant fee?

No!

Notables

Advisors:

Mrs. Amy Greene

Mrs. Rebecca Prescott

Ms. Meaghan

Dempster

- Freshmen Advisory Kick Off Day in September;
- 5th Grade Health Advisory Night (spring);
- 9th and 10th grade home-room leaders

Pep Band

The Pep Band's aim is to provide music for Fall football games and pep rallies. This band provides students an opportunity to perform and to support the school community.

Who can join?

Any high school student in good standing who reads music and plays a common band instrument.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

All home football games, and 1-2 pre-season rehearsals.

Is there a participant fee?

No!

Notables

Advisor:
Mr. John O'Briant

Perform at:

- Pep rallies
- Football games
- Community events

Robotics

The goal of the Norwell Robotics Team is to create a group of students who can collectively build and program a robot to participate in events through the internationally recognized US F.I.R.S.T. organization. Students travel to events with the robot to compete against teams from around New England, the United States, and sometimes, the world.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

We meet weekly during the offseason, and more often during the build season.

Is there a participant fee?

\$50 activity fee is required

Advisor:

Mr. Ross Kowalski

Notables

World Finalist in 2008

Many other engineering awards.

SADD Students Against Destructive Decisions

The purpose of SADD is to provide students with the best prevention tools possible to deal with the issues of underage drinking, other drug use, impaired driving and other destructive decisions. SADD is an inclusive organization and aims to inform, educate, support and empower young people to make positive decisions.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

One meeting per month.

Is there a participant fee?

\$20 activity fee is required.

Advisors:

Mrs. Kristen

Maniscalco

& Officer Phelps

Notables

Members are asked to sign a promise to avoid destructive actions.

Theater Fourth Wall Players

The NHS theater program, the Fourth Wall Players, (4WP), exists to nurture and develop students' skills and provide them with an opportunity to partake in the theater arts. Students are introduced to a wide range of theatrical works and develop their skills as performers, student directors, designers, and technical theater craftsmen. In particular, they learn teamwork as part of an ensemble. This year we may shoot a movie or record a radio play.

Who can join?

Any high school student in good standing ay try out.
(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

Daily after school during each production season; some evenings and weekends when in production.

Is there a participant fee?

\$50 activity fee per season is required

Advisors:

Mr. Christopher Lacy

Assistant Advisor:

Mr. Ross Kowalski

Notables

Three major productions per year; one musical, one drama, one Drama Festival performance.

Yearbook Production

The Yearbook Club is responsible for creating the Norwell High School Yearbook. We start with a blank slate and take all of our photos and memories and create a yearbook, for our school and community, filled with Norwell High School events, sports, students and staff, that will last a lifetime.

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

The club meets consistently from August through June, typically one night a week, and one full Saturday a month, trying to work around members' schedules. We log between 10-20 hours per month.

Is there a participant fee?

No!

Notables

Advisors:

Ms. Arianne Lozan

Ms. Jennifer Schad

Photography skills and/or familiarity with photoshop, adobe and digital software are helpful, but not required. Enthusiasm is key!

Student Government

Student Government is the backbone of student life at Norwell High School. We are one of the largest clubs in the high school and plan many of the events that take place throughout the year! From organizing spirit weeks and orchestrating fundraisers to supporting our school and local community, we do it all!

Who can join?

Any high school student in good standing.

(see Student/Parent Handbook for definition of good standing.)

What is the time commitment?

At least one Wednesday night meeting a month in addition to activities.

Is there a participant fee?

No!

Notables

Advisors: Mrs. Brenda Barrientos Mrs. Tara Plassmann

Promote school spirit and student leadership by facilitating student planning of school events, fundraisers, and community service activities.

Student Government Senior Class

The Senior Class Government is entrusted with the role of independently working to create a cohesive class identity, and interdependently working under the larger umbrella of Student Government to foster leadership and creativity, promote school spirit and service, and devise fundraising opportunities to benefit the grade, the school and/or the community.

Who can join?

Elected Seniors and delegates.

What is the time commitment?

One evening meeting per month with Student Government and at least one other class meeting per month is standard, however depending on the complexity of the event, there may be multiple meeting times the week(s) before an event or fundraiser.

Is there a participant fee?

No!

Notables

Advisors:
Mr. John Goniatis
& Ms. Arianne
Lozan

Any and all seniors interested in offering their efforts and creativity to promote a unique and positive year are strongly encouraged to share their talents and become involved.

Student Government Junior Class

The Junior Class Government is entrusted with the role of independently working to create a cohesive class identity, and interdependently working under the larger umbrella of Student Government to foster leadership and creativity, promote school spirit and service, and devise fundraising opportunities to benefit the grade, the school and/or the community.

Who can join?

Elected Junior and delegates.

What is the time commitment?

One evening meeting per month with Student Government and at least one other class meeting per month in addition to activities.

Is there a participant fee?

No!

Notables

Advisors:

Mr. Dave Benedict

Ms. Judy Field-

McGloin

Junior/Senior Prom

Norwell Idol

Spirit Week Activities

Open to New and Creative

Ideas

Student Government Sophomore Class

The Sophomore Class Government is entrusted with the role of independently working to create a cohesive class identity, and interdependently working under the larger umbrella of Student Government to foster leadership and creativity, promote school spirit and service, and devise fundraising opportunities to benefit the grade, the school and/or the community.

Who can join?

Elected Sophomore and delegates.

What is the time commitment?

One evening meeting per month with Student Government and at least one other class meeting per month in addition to activities.

Is there a participant fee?

No!

Notables

Advisor:
Ms. Marianne
McElwee

Movie Nights
Bake Sales
Road Races
Volunteering
Dances

Student Government Freshman Class

The Freshman Class Government is entrusted with the role of independently working to create a cohesive class identity, and interdependently working under the larger umbrella of Student Government to foster leadership and creativity, promote school spirit and service, and devise fundraising opportunities to benefit the grade, the school and/or the community.

Who can join?

Elected Freshman and delegates.

What is the time commitment?

One evening meeting per month with Student Government and at least one other class meeting per month in addition to activities.

Is there a participant fee?

No!

Notables

Advisor:
Ms. Megan
McBride

Movie Nights
Volunteering
3 v. 3 Tournaments
New Ideas

Participation

Students interested in participating in a co-curricular activity must fill out a Club and Activity Clearance form. The form requires signatures from the student, the parent, the club advisor and an administrator.

Club and Activity Clearance forms may be found on the school website, www.norwellschools.org, by clicking on Norwell High School, then the activities tab at the top of the page.

Thank You

The Norwell High School Administrative Team is grateful for the commitment of our club advisors who help foster a culture of student engagement and leadership.

We also extend our appreciation to the Parent Teacher Organization for their support of our school's activities as well as their contribution toward funding this co-curricular guide.

Norwell High School strives to actively engage students in a creative and challenging learning environment that inspires an inclusive atmosphere of integrity, mutual respect, and global awareness and prepares students for academic and social success.